

Plano Senior High School as well as Clark/Vines High School volleyball tryouts will take place at the **Vines High School campus (1401 Highedge Dr. Plano, TX)**. The PSHS coaching staff is not trying to discourage anyone from playing volleyball. However, in order to build a successful program and be competitive, tryouts must be performed.

Each girl will be evaluated over two days. They will be performing volleyball related skills and participating in competitive team drills. Everyone will be evaluated on her skill level, attitude, and overall ability to perform. It is the coaches' final decision about who makes what team.

It is important that every player attend both sessions. If there is an emergency or a COVID concern please contact Head Coach Lindsey Petzold asap at lindsey.petzold@pisd.edu.

Plano ISD policy states that every incoming 9th and 11th grader must have a NEW PHYSICAL on file dated 2020 to be able to participate. All forms on Rank One must also be completed.

Times for tryouts:

August 3rd: **6:30-8:30 AM (10-12th grade only)** 

August 4th: **6:30-8:30 AM (10th-12th grade only), 2-4 PM (9th grade only)** TEAMS WILL BE ANNOUNCED VIA EMAIL AT THE END OF THE SECOND SESSION FOR ALL 10-12th grade.

August 5th: **6:30-8:30 AM (9th grade only)** TEAMS WILL BE ANNOUNCED VIA EMAIL THIS EVENING FOR ALL 9th graders.

August 6th: 6:30-8:30 AM (JV 2, JV 1, V teams only @ Vines), 6:30-8:30 AM (ALL 9th teams @ Clark - site may change)

August 7th: 6:30-8:30 AM (JV 2, JV 1, V teams only @ Vines), 6:30-8:30 AM (ALL 9th teams @ Clark - site may change)

A parent meeting will be scheduled at a later date.



## ALL PLAYERS MUST:

- Wear a mask upon entering, exiting, and while not participating.
- Bring their own water bottle.
- Complete pre screen before arriving daily.
   <a href="https://docs.google.com/forms/d/e/1FAIpQLSfZqAA4IRxKVawEu5h">https://docs.google.com/forms/d/e/1FAIpQLSfZqAA4IRxKVawEu5h</a> WErKY63v
   <a href="https://docs.google.com/forms/d/e/1FAIpQLSfZqAA4IRxKVawEu5h</a> WE



- Notify Coach Petzold of any symptoms of COVID and stay home.
- Get their temperature taken upon arrival.
- Use the restroom one at a time. (Locker rooms will not be available.)
- Use hand sanitizer frequently.

## THANK YOU PSHS VOLLEYBALL COACHING STAFF

Please fill out the Tryout Google Form via the QR code or link below. By filling out the tryout form you agree to the statements above concerning tryouts. If you have already filled one out please do not fill out again. I will also use the emails you enter to give updates before tryouts as well as send out tryout team information.

https://docs.google.com/forms/d/e/1FAlpQLSebI7Xjc-cxst9r1Qe1I10KMnvxTeEfStCnxFahxBHK UveBMA/viewform?usp=sf\_link





## Beyond August 7th:

- The UIL is allowing us to have 2 hours per day for skill sessions in addition to 1 hour a day for strength and conditioning.
- A schedule for August will be released after tryouts.
- Every player will be at home for virtual classes.
- Sep 7th is the official practice start date for the 2020 season.
- Sep 11th Scrimmages are allowed.
- Sep 14th Matches begin.
- The UIL is now allowing 3 matches per week so plan on playing Tues/Friday/Saturday most weeks.
- The district season will end Nov 17th then playoffs will begin. Please plan accordingly.

Please visit <u>www.uiltexas.org</u> for more information about COVID regulations as well as the full volleyball calendar and restrictions.